

What lies behind us
& what lies before us
are tiny matters
compared to what
lies within us.

- Buddha

**Everything in the
universe is within
you. Ask all from
yourself.**

-Rumi

A JOURNEY OF
A THOUSAND
MILES BEGINS
WITH A
SINGLE STEP.

-LAO TSU

Stop acting so
small. You are
the universe in
ecstatic motion.

-Rumi

To have
everything
possess nothing.

-Buddha

**Because you are
alive anything is
possible.**

-Thich Nhat Hahn